

EFFICACY OF ESTRUS SYNCHRONIZATION PROTOCOLS IN NON-DESCRIPT CATTLE OF AZAD JAMMU AND KASHMIR DURING NON-BREEDING AND BREEDING SEASONS

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ABSTRACT

The objective of the present study was to compare the efficacy of estrus synchronization protocols through estrus response and fertility rate in non-descript cattle of Azad Jammu and Kashmir during the non-breeding and breeding seasons. A total of 312 non-descript cows (192) and heifers (120) with body condition score ranging between 3.0 to 3.5 were randomly assigned to receive Ovsynch (159), CIDR alone (74) and CO-Synch+CIDR (79) protocols. Animals were inseminated at 16 h after the second GnRH injection in Ovsynch, and 48 h after CIDR removal in CIDR alone and CO-Synch+CIDR groups. The results revealed that during non-breeding season, the tendency for success of the Ovsynch protocol was higher in terms of inducing heat and conception rate (CR) in non-descript cows under farm (87.5%) and field (50.0%) conditions compared to CIDR alone and CO-Synch+CIDR groups ($P < 0.05$). Whereas, in the case of non-descript heifers, the CO-Synch+CIDR protocol significantly increased the CR at timed artificial insemination (TAI) under farm (50.0%) and field (33.33%) conditions compared to Ovsynch and CIDR alone groups ($P < 0.05$). During the breeding season, CR/TAI was almost similar in all groups of non-descript cows under field conditions ($P > 0.05$). CO-Synch+CIDR treatment yielded the higher conception rates (46.15%) in non-descript heifers compared to Ovsynch and CIDR alone groups. It is concluded that treatment of cows with Ovsynch, and heifers with CO-Synch+CIDR protocols may lead to higher CR/TAI and thus have the potential to improve the reproductive performance that can accelerate the rate of genetic improvement through AI.

Key words: Fertility, breeding season, estrus synchronization, non-descript cattle.

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INTRODUCTION

In sub-tropical highland environment of Azad Jammu and Kashmir (AJ&K) the non-descript cattle are of zebu type. These cattle attain puberty at greater age and have low productive potential attributed to their poor genetic makeup (Khan *et al.*, 2014). Poor artificial insemination services enhance postpartum infertility problems in cattle. Several other factors such as quality of semen, poor nutrition, reproductive health, estrus behavior and detection of proper heat also contribute to poor reproductive performance (Anzar *et al.*, 2003; Senthilkumar and Chandrahasan, 2015).

In cattle, the consideration of a defined breeding season is an important reproductive management strategy. The *Bos indicus* and crossbred cows of *Bos indicus* are long day breeders. Numerous reports are available in the literature that reproductive function is suppressed with decrease in day length in *Bos indicus* cattle (Randel, 1984). During unfavorable seasons, the *Bos indicus* tend to become anestrous and the frequency of estrus without ovulation also increased in *Bos indicus*

females (Plasse *et al.*, 1970). Lower progesterone concentrations were reported in heifers during the months of November, December, January and February than in either October or March (Stahinger *et al.*, 1999). In order to overcome seasonality of breeding, a synchronization protocol should initiate follicular development by the activating hypothalamo-ovarian axis.

Estrus synchronization and fixed-time AI protocols such as Ovsynch, CIDR alone and CO-Synch+CIDR have been developed to decrease reliance on detection of estrus in reproductive management programmes to establish sustainability in the dairy industry (Bhoraniya *et al.*, 2012; Nakrani *et al.*, 2014). The Ovsynch protocol is a sequence of GnRH - PGF2 α - GnRH treatments that became popular for estrus synchronization in cattle over the last decade, resulting in an acceptable fertility to timed AI (Pursley *et al.*, 1997a). Numerous variations of the protocol have also been tested and developed to meet demands of different physiological situations (Stevenson *et al.*, 2012). The CIDR alone protocol involves the use of an internal progesterone releasing device placed in the vagina of an

animal on day 0 for 5-9 d (Mapletoft *et al.*, 2003; Haider *et al.*, 2017). The CIDR device with GnRH and PGF2 α may provide a more efficient protocol of improving the fertility e.g., CO-Synch+CIDR (Lamb *et al.*, 2001) in non-cycling postpartum cows and heifers before puberty (Lamb *et al.*, 2006). CO-Synch+CIDR protocol has been reported to produce conception rates at first service averaging more than 50% (Lamb *et al.*, 2001) in *Bos taurus* cows.

In zebu cattle including the non-descript cows limited information is available about the efficacy of estrus synchronization for induction of heat and enhancing pregnancy per AI (Haider *et al.*, 2017) and such studies have been conducted in canal irrigated areas of Punjab Pakistan. However, no such study is available on indigenous cattle of AJ&K. Therefore, the objectives of this study were to determine the estrus response and conception rates with estrus synchronization protocols during non-breeding and breeding seasons in non-descript indigenous cattle for the rapid genetic through grading up.

MATERIALS AND MEHODS

Animals and Management: During the non-breeding season (October-March 2016-17) 103 non-descript cows out of which 27 at farm and 76 in field of mixed parity that had calved between 60-540 days ago and 68 heifers out of which 16 at farm and 52 in field between 3 and 4 years of age with body condition score ranges between 3.0 to 3.5 were selected (Wildman *et al.*, 1982). The farm trial was conducted at the Livestock Development Research Centre (LDRC), Muzaffarabad (34.361° N and 73.662° E). All the animals at farm were stall fed on Total Mixed Ration (TMR; Big Feed Pvt. Ltd Pakistan at the rate of 2% body weight) with adequate supply of fresh, clean and soft drinking water under the same management and environmental conditions. The ration was calculated to provide the recommended quantity of nutrients (Table 1). Common salt in the form of lump was placed in feeding pan and cows were free to lick. The field trial was conducted in northern districts of Azad Jammu and Kashmir viz. Muzaffarabad and Bagh districts. The topography of the Muzaffarabad and Bagh districts is mountainous, and the area falls within the lesser Himalayas zone. Under field conditions, during the summer months, the feeding of the animal is only the open grazing of grass and forage whereas, in winter months the animals are kept tied on the manger and hay is offered for feeding ad libitum. Only the milking cows are being fed with 1-1.5 kg of concentrate per day.

All the animals were randomly selected regardless of the stage of estrous cycle with body condition score ranging between 3.0 to 3.5, without any reproductive problem. Body condition-score (BCS) 1 for

very thin 2 for thin 3 for moderate, 4 for optimal and 5 for very fat.

During the breeding season (April-September 2017), the lactating non-descript cows (n=89) and heifers (n=52), maintained by farmers under field conditions in Muzaffarabad and Bagh districts were utilized in this study. Cows included in this study were non-pregnant, having age between 4-8 years, 1st to 4th lactation, minimum 60 days postpartum and BCS ranges from 3.0 to 3.5 (Wildman *et al.*, 1982). During summer months, the feeding of the animal is confined to the open grazing of grass and forage. The animals with normal history of calving were included in this study and were rectally palpated to ensure that the reproductive tract had no abnormality.

Protocols: Three protocols were utilized in 192 cows and 120 heifers for synchronization of estrus viz. Ovsynch (105 cows, 54 heifers), CIDR alone (43 cows, 31 heifers) and CO-Synch+CIDR (44 cows, 35 heifers). In the Ovsynch group, all the cows and heifers were injected with 100 ug of GnRH analogue (Dalmarelin; leirelin acetate 25 ug/ml, FATRO S.p.A.-pharmaceutical veterinary Industry, Italy) on day 0, 25 mg of PGF2 α (LutalyseTM, Dinoprost tromethamine 5 mg/ml, Pfizer manufacturing Belgium NV- Puurs- Belgium) on day 7 and 2nd injection of GnRH on day 9. In the CIDR alone group, the progesterone impregnated device (1.38 g of progesterone, Pfizer New Zealand Ltd) were placed in the vagina of all the cows on day 0, on day 7 PGF2 α were administered and the CIDRs were removed. In CO-Synch+CIDR group, the CIDRs were inserted intravaginally and GnRH analogue was administered on d 0. At d 7, CIDR were removed and cows received PGF2 α . On d 9 the second GnRH injection was administered.

Animals were evaluated for estrus behavior expression 3 times daily at 8 h intervals. Estrus expression was conducted based on cardinal signs (mucous discharge, vulvar swelling, micturition, restlessness, bellowing sound, mounting, redness of vaginal mucosa, sniffing, chin resting, aggression, including standing heat as a primary sign of heat) with some modification in the format described by Layek *et al.* (2011). Fixed-time AI (FTAI) was performed by an experienced AI technician at 16 h after second GnRH administration in Ovsynch treatment and 48 h after CIDR removal in all CIDR treated animals using the frozen thawed semen of Jersey bulls. The schematic representation is presented in Fig. 1(a,b,c). Estrus response (ER) was calculated by dividing the cows in heat over total cows treated. Conception was confirmed through rectal palpation 60 days post-AI. The animals that showed spontaneous heat were observed closely especially from 18 to 24-day post AI and were re-inseminated. Conception rate (CR) was calculated by

total number of pregnant cows or heifers divided by total number of cows or heifers inseminated multiplied by 100 (Khatun *et al.*, 2014).

Statistical Analysis: Chi-square (χ^2) tests of independence were used to compare the estrus response and conception rates among different groups of animals treated with different estrus synchronization protocols. A probability level of $P < 0.05$ was considered significant. All the data were analyzed using GraphPad Prism 5.01 software (GraphPad Software, Inc., San Diego, CA, USA).

RESULTS

ER and CR in Non-Descript Cows During Non-Breeding Season: The heat response in terms of heat signs under farm conditions was 100% in Ovsynch and CO-Synch+CIDR groups and 87.5% in CIDR alone group as shown in Table 2. Conception rate at TAI tended to be higher in the Ovsynch group (87.5%) compared to CIDR alone (50.0%) and CO-Synch+CIDR (54.54%) groups but this difference was non-significant ($P > 0.05$). Similarly, the overall maximum conception rate (100%) was achieved by the treatment with Ovsynch compared to CIDR alone (75.0%) and CO-Synch+CIDR (90.90%) groups but this difference was also non-significant ($P > 0.05$).

After applying prostaglandin, 95.45% of Ovsynch treated cows were found in estrus under field conditions, with this percentage being similar in CIDR inserted animals in which estrus manifestation was 88.88% and 92.85% in CIDR alone and CO-Synch+CIDR cows, respectively. Although, a higher trend of conception rate at TAI (50.0%) and overall conception rate (63.63%) was observed in the Ovsynch group but this did not differ ($P > 0.05$) among treatments (Table 2). Statistical analysis also showed that conception rate with Ovsynch treatment was significantly ($P = 0.04$) higher under farm conditions as compared to field conditions (Table 3).

ER and CR in Non-Descript Heifers During Non-Breeding Season: All the heifers treated with three protocols showed good signs of heat at the time of fixed time insemination under farm conditions. The results revealed that the CO-Synch+CIDR protocol showed higher tendency ($P > 0.05$) in the conception rate in non-descript heifers under farm conditions (Table 4). Under field conditions after the application of prostaglandin, synchronized estrus response was 95.45%, 91.66% and 94.44% in Ovsynch, CIDR alone and CO-Synch+CIDR treated heifers, respectively and did not differ significantly ($P > 0.05$). However, in all the 52 animals insemination was performed at a fixed time. Although a higher trend of conception rate to TAI was observed in the CO-Synch+CIDR group (33.33%) but this difference was not significant ($P > 0.05$) between treatments (Table 4). The statistical analyses of this study revealed that the conception rates did not differ significantly ($P > 0.05$) by three treatment groups under farm conditions compared to field conditions in non-descript heifers (Table 5).

ER and CR in Non-Descript Cows and Heifers During Breeding Season: During the breeding season, all the non-descript cows showed good signs of heat at the time of insemination. Although, the tendency of overall pregnancy was higher in the CO-Synch+CIDR (57.89%) cows compared to Ovsynch (54.71%) and CIDR alone (52.94%) but the conception rates to a single FTAI were not significantly different ($P > 0.05$) between groups under field conditions as given in Table 6. Similarly, all the heifers also showed good signs of heat at the time of insemination in the Ovsynch (100%), CIDR alone (85.71%) and CO-Synch+CIDR (100%) groups ($P > 0.05$). The trend for conception rate to TAI (46.15%) and overall pregnancy rate (53.84%) was superior in CO-Synch+CIDR group but difference was not significantly different compared to other two groups ($P > 0.05$). The CO-Synch+CIDR protocol may prove to be a successful tool for synchrony of estrus in non-descript heifers compared to other treatments during the breeding season (Table 6).

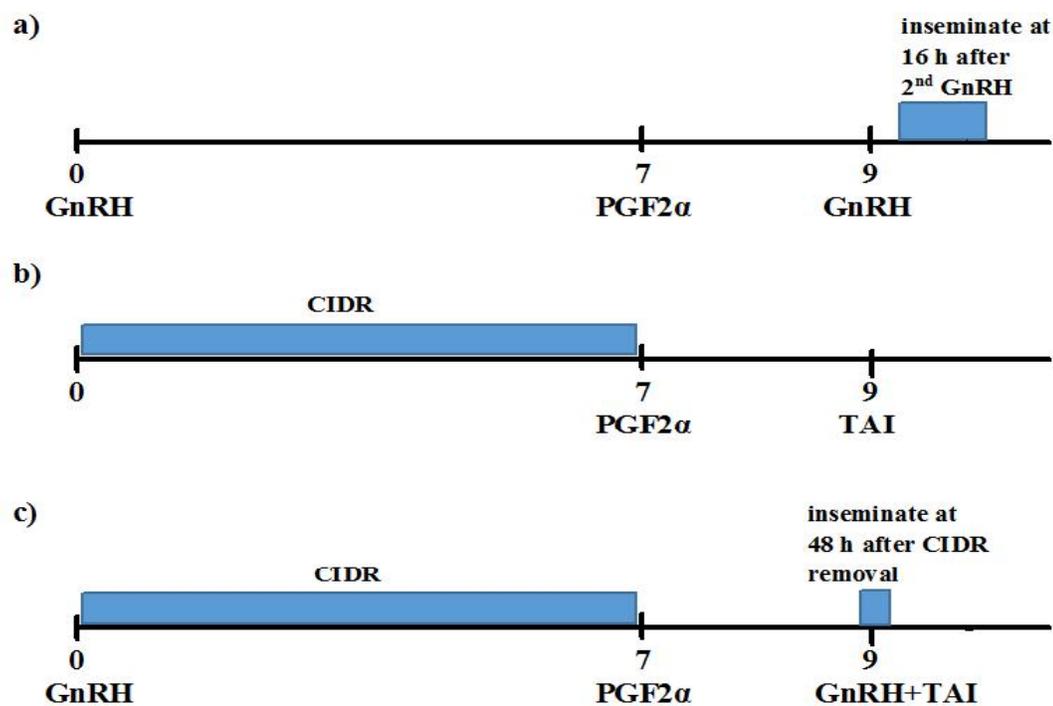


Figure 1. The schematic representation of estrus synchronization protocols a) Ovsynch, b) CIDR alone, c) CO-Synch+CIDR.

Table 1: Daily quantity of nutrient fed to cows according to their status weighing 250 kg body weigh

DM = Dry Matter; TDN = Total Digestible Nutrient; CP = Crude Protein; Ca = Calcium; P = Phosphorous; Kg = Kilogram.

Status	Total Dry Matter (Kg)	Type of Nutrients (Kg)			
		TDN	CP	Ca	P
Early Lactation	5.955	3.525	0.625	0.02	0.01
Lactating and Pregnant	5.705	3.135	0.495	0.015	0.01
Dry Non-Pregnant	4.205	2.115	0.3	0.01	0.005
Pre-Calving (60-90 days before calving)	5.16	2.795	0.44	0.015	0.01

Table 2. Estrus response and conception rate (%) of non-descript cows in which time of estrus was synchronized with the Ovsynch, CIDR alone and CO-Synch+CIDR protocols during non-breeding season under controlled conditions at LDRC and field conditions.

Treatment	No. of Cows	Estrus Response	CR at TAI (%)	Animals showed heat after 21 d and were served again (%)	CR after 2 nd service	Overall CR after two services (%)
Farm						
Ovsynch	8	8 (100)	7 (87.5)	1	1 (12.5)	8 (100)
CIDR alone	8	7 (87.5)	4 (50.0)	2	2 (25.0)	6 (75.0)
CO-Synch+CIDR	11	11 (100)	6 (54.54)	4	4 (36.36)	10 (90.90)
Field						
Ovsynch	44	42 (95.45)	22 (50.0)	8	6 (13.63)	28 (63.63)
CIDR alone	18	16 (88.88)	5 (27.77)	6	6 (33.33)	11 (61.11)
CO-Synch+CIDR	14	13 (92.85)	5 (35.71)	3	2 (14.28)	7 (50.0)

Table 3. Comparison of conception rate at TAI between farm and field conditions during non-breeding season in non-descript cows.

Treatment	CR at TAI in cows (%)		Chi sq value	P value
	Farm	Field		
Ovsynch	87.5	50.0	3.85	0.04
CIDR alone	50.0	27.77	1.20	0.27
CO-Synch+CIDR	54.54	35.71	0.88	0.34

Table 4. Estrus response and conception rate (%) of non-descript heifers in which time of estrus was synchronized with the Ovsynch, CIDR alone and CO-Synch+CIDR protocols during non-breeding season under controlled conditions at LDRC and field conditions.

Treatment	No. of Heifers	Estrus Response	Pregnant at TAI (%)	Repeated and re-served 21 d after 1 st service (%)	CR after 2 nd service	Overall CR (%)
Farm						
Ovsynch	7	7 (100)	3 (42.85)	3	1 (14.28)	4 (57.14)
CIDR alone	5	5 (100)	2 (40.0)	3	2 (40.0)	4 (80.0)
CO-Synch +CIDR	4	4 (100)	2 (50.0)	2	2 (50.0)	4 (100)
Field						
Ovsynch	22	21 (95.45)	7 (31.81)	4	4 (18.18)	11 (50.0)
CIDR alone	12	11 (91.66)	3 (25.0)	2	2 (16.66)	5 (41.66)
CO-Synch +CIDR	18	17 (94.44)	6 (33.33)	3	2 (11.11)	8 (44.44)

Table 5. Comparison of conception rate at TAI between farm and field conditions during non-breeding season in non-descript heifers.

Treatment	Conception rate (TAI) in heifers (%)		Chi sq value	P value
	Farm	Field		
Ovsynch	42.85	31.81	0.28	0.59
CIDR alone	40.0	25.0	0.38	0.53
CO-Synch +CIDR	50.0	33.33	0.39	0.53

Table 6. Estrus response and conception rate (%) of non-descript cows and heifers in which time of estrus was synchronized with estrus induction protocols during breeding season under field conditions.

Protocols	No. of Cows	Estrus Response	Pregnant at 1 st service	Repeated and re-served 21 d after 1 st service (%)	CR after 2 nd service	Overall CR (%)
Non-Descript Cows						
Ovsynch	53	53 (100)	25 (47.16)	4	4 (7.54)	29 (54.71)
CIDR alone	17	17 (100)	8 (47.05)	1	1 (5.88)	9 (52.94)
CO-Synch +CIDR	19	19 (100)	9 (47.36)	2	2 (22.22)	11 (57.89)
Non-Descript Heifers						
Ovsynch	25	25 (100)	11 (44.00)	2	1 (4.00)	12 (48.00)
CIDR alone	14	12 (85.71)	4 (28.57)	2	1 (7.14)	5 (35.71)
CO-Synch +CIDR	13	12 (100)	6 (46.15)	4	1 (7.69)	7 (53.84)

DISCUSSION

In *Bos indicus* cows the rate of estrus detection is usually lower than *Bos taurus* (Mukasa-Mugerwa, 1989). Therefore, estrus induction treatments which provide either TAI opportunity or insemination after detecting estrus show great potential for the improvement of reproduction efficiency of both dairy and beef cattle. The results revealed that although the tendency for the Ovsynch protocol to be higher in terms of inducing heat and conception rate. The difference among treatment were not significant ($P>0.05$) in non-descript cows maintained under farm conditions during the non-breeding season. The Ovsynch protocol is more efficient in lactating dairy cows than in heifers as ovulation occurred in 85% of cows and only 54% of heifers following the first GnRH injection (Pursley *et al.*, 1995). Naikoo *et al.* (2016) reported that the conception rate at TAI with Ovsynch treatment was 16.66% however, the conception rate with CIDR treatment was 33.33%. The estrus response (95.45%) and conception rate/AI (50%) with Ovsynch treatment under field conditions in the non-descript indigenous cows was higher than the data reported by Hassan *et al.* (2017) who showed that the estrus response in Sahiwal cows was 87% (40/46) and the pregnancy rate per AI was 43% (17/40). The results of estrus response and conception rate achieved by CIDR alone and CO-Synch+CIDR treatments are in harmony with the results of Haider *et al.* (2017) who reported 82.5% and 90% estrus response while pregnancy per AI was 52% and 58% in CIDR alone and CIDR along with GnRH treated non-descript cows of Punjab (Pakistan). However, relatively lower conception rates of 26.00 to 42.74 with CIDR were reported by Sathiamoorthy and Kathirchelvan (2010) and higher conception rates of 50 to 80 per cent have also been documented by Nakrani *et al.* (2014) and Dhama *et al.* (2015) in crossbred cows. Pursley *et al.* (1997a) observed that the Ovsynch protocol improved the conception rates after TAI by synchronizing ovulation. The lower conception rates at TAI in CIDR inserted groups in this study might be due to the earlier timing of AI as indicated by our observation of late ovulation time in these cattle in another study through ultrasonography. Therefore, better defining the timing of insemination may increase TAI conception rates. Various factors such as parity, suckling, breed composition, postpartum interval, differences in pasture and diet, BCS and location may affect the success of FTAI protocols (Lamb *et al.*, 2001).

The results revealed that in non-descript heifers although all the protocols were better in terms of inducing heat the CR achieved by using the CIDR device in combination with GnRH was higher compared to the use of the Ovsynch and CIDR alone protocols during non-breeding season. This might be due to the better control of synchronize of ovulation in heifers using the

CIDR device in TAI protocols. Whereas, the use of the Ovsynch protocol in heifers encountered the problem of heifers exhibiting heat between the GnRH-1 and PGF2 α injections which results in the failure of synchronization of ovulation in all heifers subjected to the TAI protocol. CO-Synch+CIDR protocols inhibit heat and ovulation during the 7 day of CIDR insertion, thereby permitting a 100% submission rate for FTAI without any effect on fertility. A similar CIDR response was reported with the Ovsynch+CIDR protocol (6 days CIDR period) in Holstein heifers by Rivera *et al.* (2005). Moreover, Saldarriaga *et al.* (2007) reported that timed AI pregnancy rates in nulliparous *Bos taurus* Brahman \times Hereford (F-1) heifers synchronized with CO-Synch+CIDR was 39.3%. Larson *et al.* (2004) found that the pregnancy rate at first service was (53.1%) in heifers after receiving CO-Synch+CIDR treatment. So, CIDR insertion increased the synchronization rates within the first 3 d following PGF2 α and resulted in increased pregnancy success. Pursley *et al.* (1995) reported that in an Ovsynch protocol heifers that could not ovulate following GnRH-2 treatment were reported to be in metestrus or early diestrus stages of the estrus cycle at the time of GnRH-1 treatment. Therefore, ovulation may be poorly synchronized following PG treatment if the GnRH-1 injection does not ovulate the dominant follicle and therefore fails to synchronize follicular wave emergence.

During the breeding season, the conception rate (47.19%) to a single fixed time insemination in the present study was closely corroborated with Gordon *et al.* (2009) who found that pregnancy rate in synchronized cows was 47.6% for Ovsynch under control conditions. Similarly, overall conception rate in non-descript cows using CO-Synch+CIDR (57.89%) was significantly higher ($P<0.05$) than CIDR alone (52.94%) and Ovsynch (54.71%) and this result is supported by different authors (Kim *et al.*, 2005) who reported a pregnancy rate of 52.3 and 53.9% in Holstein cows treated with CIDR plus GnRH.

In the present study the, CO-Synch+CIDR protocol enhanced the overall conception rate (53.84%) in non-descript heifers during the breeding season. Estrada *et al.* (2002) administered the CO-Synch+CIDR protocol to heifers and obtained a 60% pregnancy rates. In another study using an AI protocol of GnRH - 7 days - PGF2 α - 30 to 36 h - GnRH - 16 to 24 h, Pursley *et al.* (1997b) showed that the pregnancy rate after this treatment was similar to that for the control group (37.8 vs 38.9%). All the estrus synchronization protocol used in present study were found to be successful for induction of fertile estrus and improving of the indigenous herd of non-descript cattle by crossing with superior quality bulls through AI even in low breeding season.

Conclusion: It is concluded that estrus response and conception rates at TAI may be acceptable with the Ovsynch protocol in non-descript cows and with the CO-Synch+CIDR protocol in non-descript heifers during the non-breeding season. However, conception rates at TAI were satisfactory in all groups under field conditions during the breeding season. So, factors including availability and cost of products, animal confinement and handling will influence the program that will be used. The estrus synchronization protocols may prove to be quite effective in inducing synchronized estrus in non-descript cows and heifers during both the breeding and non-breeding seasons.

It is recommended that by changing the timing of GnRH-2 and TAI from 48 to 66 or 72 in CO-Synch+CIDR protocols and 48 to 80 or 92 h in CIDR alone protocol, increased TAI conception rates can be achieved.

Novelty Statement: Estrus synchronization and timed artificial insemination is unique for the cattle population of Kashmir. Many authors have investigated these estrus synchronization protocols over the past 20 years, rather non-descript cattle have not been studied. Therefore, the research programme has sufficient novelty.

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